

Triple- α reaction by an exact three-body model and its applications

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[1] M. Katsuma, J. Phys. G 52, 085105 (2025)

1. To understand the dynamic universe

Triple α reaction, followed by the $^{12}\text{C}(\alpha, \gamma)$ reaction, is the most important nuclear reaction.

- nucleosynthesis of heavy elements
- controls stellar evolution
- supernova and concomitant nucleosynthesis
- C/O ratio
- Hoyle state (0^+_2)
- Temperature: $T_9 > 0.1$
- relatively well-understood recently

Low temperatures ($T_9 < 0.1$): **the reaction rates have not been established so far.**

- The direct 3α collision and direct decay measurement from ternary continuum states are experimentally impossible.
- The **approximation** of the low-temperature rates has been given by the pioneering works.
- Low-temperature = non-resonant

a close binary system

The non-resonant reaction rates may affect

- 1.) **Hot CNO cycle** and **rp-process**: nucleosynthesis in thermonuclear explosion of the accreting degenerate stars,
- 2.) **Type Ia supernova**, 3.) structure of degenerate stars.

To deepen our understanding of the dynamic stellar explosion in the multi-messenger era, a study of the triple α reaction is required **more rigorously at the low temperatures**.



(David A. Hardy & PPARC)

2. Frontier of the triple- α reaction at low temperatures

NACRE, CF88: particle approximation of ${}^8\text{Be}$ → the standard rates

- Pioneering works of the reaction rates

K. Nomoto, F.-K. Thielemann, S. Miyaji, Astron. Astrophys. 149, 239 (1985)

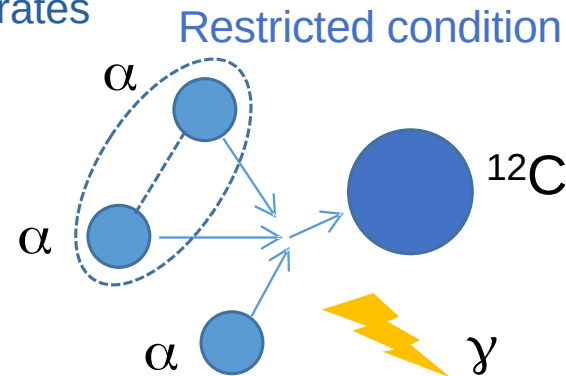
K. Langanke, M. Wiescher, F.-K. Thielemann, Z. Phys. A 324, 147 (1986)

(NACRE) C. Angulo, M. Arnould et al., Nucl. Phys. A 656, 3 (1999)

(CF88) G.R. Caughlan, W.A. Fowler, At. Data Nucl. Data Tables 40, 283 (1988)

- Their formula is supported with separable Hamiltonian

T. Akahori, Y. Funaki, K. Yabana, PRC92, 022801 (2015)



Adiabatic: assuming slow internal motion of ${}^8\text{Be}$, Fedorov & Jensen, PLB389, 631 (1996)

- CMF** – Faddeev method with a correction of the long-range Coulomb interaction.

S. Ishikawa, Phys. Rev. C 87, 055804 (2013); ibid. 90, 061604 (2014)

- ACF** – Adiabatic channel function expansion method

H. Suno, Y. Suzuki, P. Descouvemont, Phys. Rev. C 94, 054607 (2016)

→ Success in the rates
 $T_9 > 0.1$, Adiabatic $\approx$ NACRE

Non-adiabatic: 3α motion varies more flexibly.

- HHR** – **Hyperspherical harmonics R-matrix expansion method** – a solution of Faddeev eqs.

N.B. Nguyen, F.M. Nunes, I.J. Thompson, E.F. Brown, Phys. Rev. Lett. 109, 141101 (2012)

N.B. Nguyen, F.M. Nunes, I.J. Thompson, Phys. Rev. C 87, 054615 (2013)

- HHR*** improve matching procedure of w.f. in the asymptotic region
define 3-body S-factors, give an analytic expression of the reaction rates.

2. Frontier of the triple- α reaction at low temperatures

All models make the equivalent rates above $T_9 = 0.1$. However, they **make differences below this temperature.**

Why?

The narrow peak of 0^+_{2} dominates the rates for $T_9 > 0.1$.

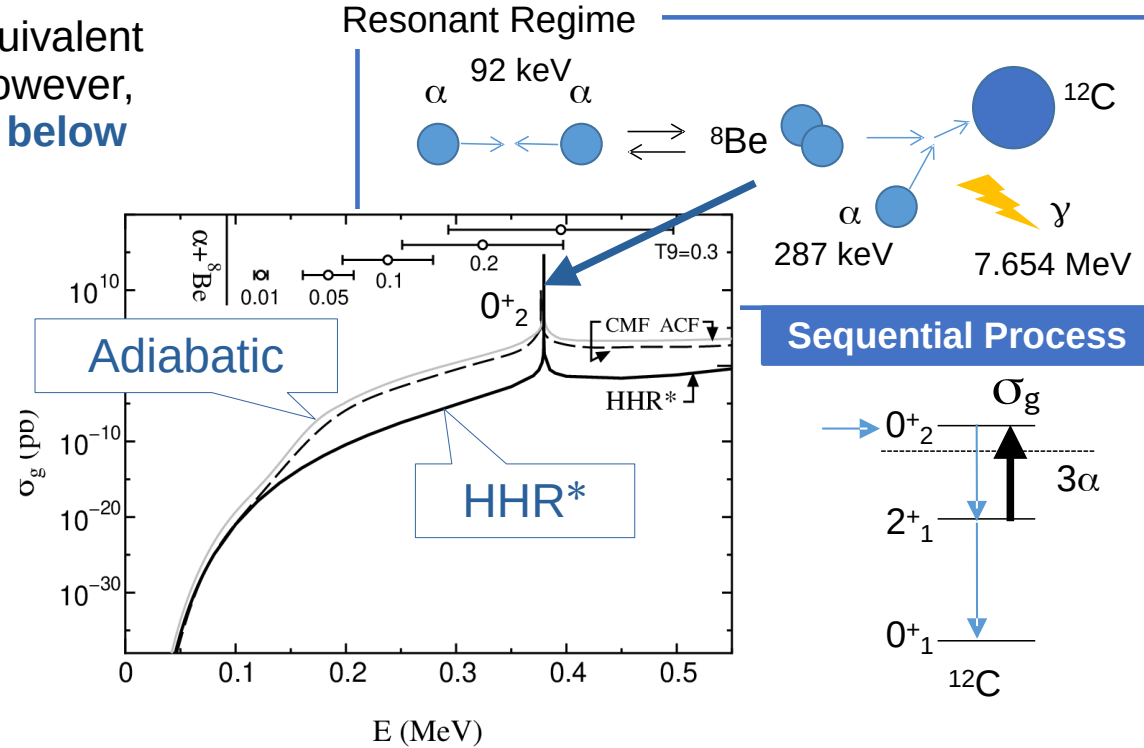
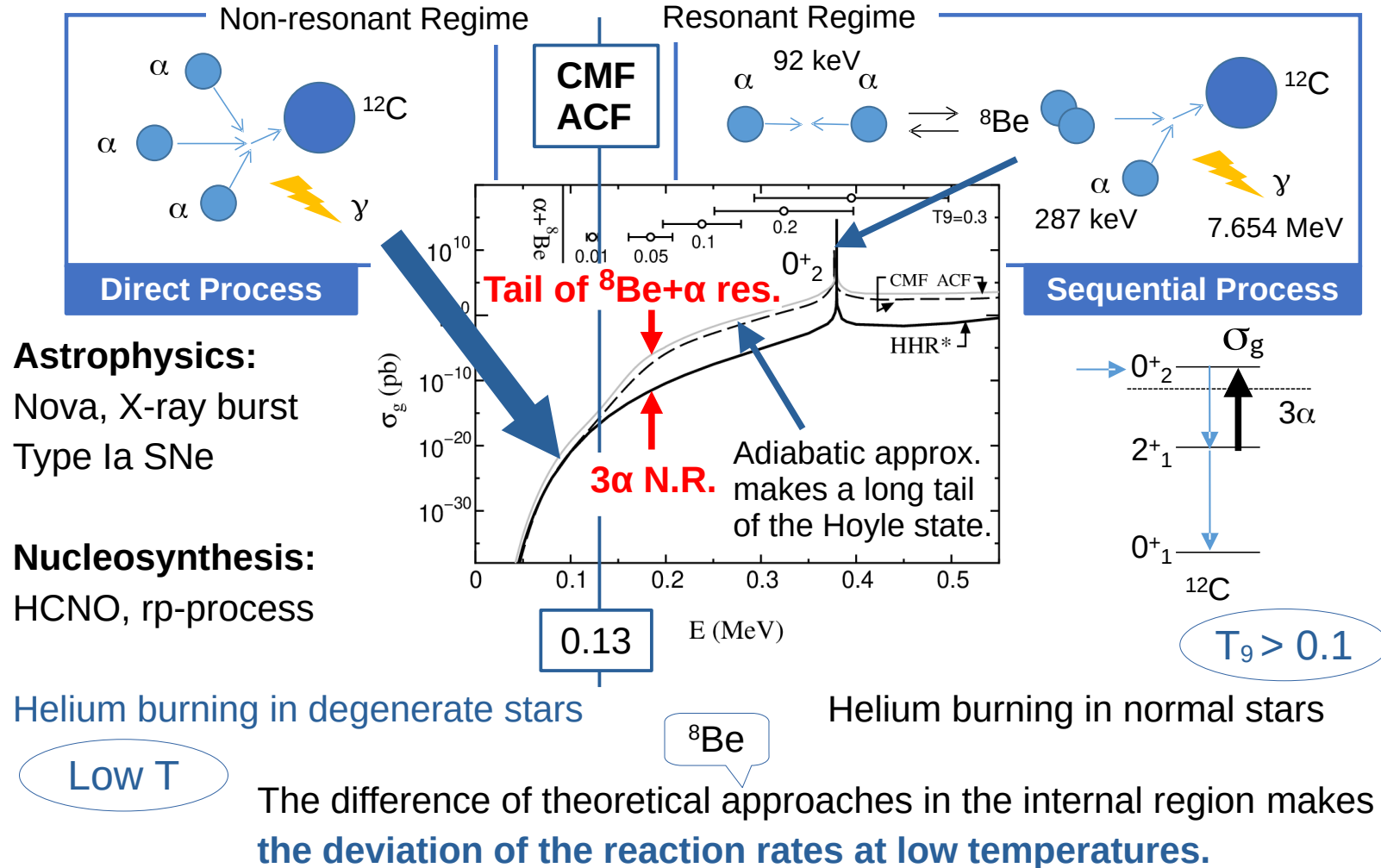


Photo-disintegration cross sections of $^{12}\text{C}(2^+_{1} \rightarrow 0^+)$

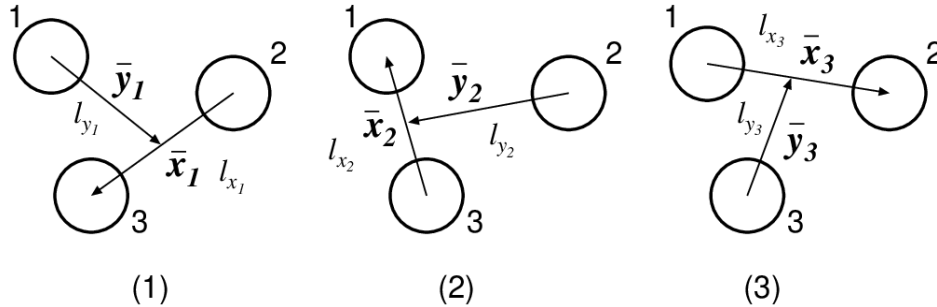
2. Frontier of the triple- α reaction at low temperatures



3. Non-adiabatic Faddeev 3-body R-matrix expansion (HHR*)

Faddeev Eqs.

$$\begin{cases} (\hat{T}_{(1)} + \hat{V}_{23} + \hat{V}_{3\alpha} - E) \Psi_{(1)} = -\hat{V}_{23} \Psi_{(2)} - \hat{V}_{23} \Psi_{(3)} \\ (\hat{T}_{(2)} + \hat{V}_{31} + \hat{V}_{3\alpha} - E) \Psi_{(2)} = -\hat{V}_{31} \Psi_{(3)} - \hat{V}_{31} \Psi_{(1)} \\ (\hat{T}_{(3)} + \hat{V}_{12} + \hat{V}_{3\alpha} - E) \Psi_{(3)} = -\hat{V}_{12} \Psi_{(1)} - \hat{V}_{12} \Psi_{(2)} \end{cases}$$



3. The hyper-angular part is solved, analytically.

Coupled-channel (C.C.) equations

$$[T_\gamma + U_{\gamma\gamma}^l(\rho) - \epsilon] \chi_\gamma^l(\rho) = - \sum_{\gamma' \neq \gamma} U_{\gamma'\gamma}^l(\rho) \chi_{\gamma'}^l(\rho)$$

- Same as a formula for inelastic scattering with $L=K+3/2$. K is the hyper-angular momentum.

1. Reduction by the symmetric 3α system

$$(\hat{T}_{(3)} + \hat{V} - E) \Psi_{(3)} = 0$$

$$\hat{V} = \sum_{i < j}^3 \hat{V}_{ij} + \hat{V}_{3\alpha}$$

2α pot.: phase shifts, 3α potentials

2. Transform the coordinates

$$\begin{cases} \rho^2 = x_i^2 + y_i^2, \\ \theta_i = \arctan\left(\frac{x_i}{y_i}\right) \\ \Omega_5^{(3)} \equiv (\theta_3, \hat{x}_3, \hat{y}_3) \end{cases}$$

hyper-radius

hyper-angles

$$\Psi_{(3)} = \rho^{-5/2} \sum_{\gamma} \chi_{\gamma}^l(\rho) \Phi_{lm}^{\gamma}(\Omega_5^{(3)})$$

Hyperspherical harmonics

3. Non-adiabatic Faddeev 3-body R-matrix expansion (HHR*)

4. CC eqs.: Hamiltonian is diagonalized in a box with an R-matrix radius a_c .

• **Eigen-states**
$$\begin{cases} \chi_{\gamma i}^l(\rho) &= \sum_{n=0} c_{\gamma i}^n \varphi_n^K(\rho) \\ \tilde{E}(l_i^\pi) &= -\frac{\hbar^2}{2m_N} \epsilon_i \end{cases}$$

• Reduced width amplitudes
$$\tilde{\gamma}_{\alpha i} = \sqrt{\frac{\hbar^2}{2m_N a_c}} \chi_{\alpha i}^l(a_c)$$

• 3-body R-matrix
$$R_{\alpha\beta}^l(E, a_c) = \sum_i \frac{\tilde{\gamma}_{\alpha i} \tilde{\gamma}_{\beta i}}{\tilde{E}(l_i^\pi) - E}$$

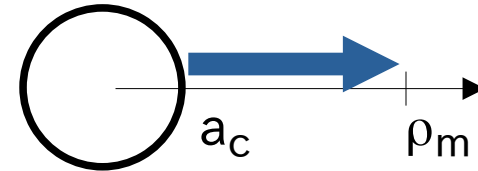
R-matrix expansion method

- **Continuum states** with the scattering boundary condition are expanded by a set of the eigen-states of Hamiltonian.

$$\chi_{\alpha\beta}^{l\text{ in}}(k, \rho) = \sum_i A_{i\beta}(k) \chi_{\alpha i}^l(\rho)$$

5. To include the effect of the long-range Coulomb force, I solve numerically the external w.f. from a_c .

$$\begin{aligned} \tilde{\chi}_{\gamma\gamma_0}^l(k, \rho) &= \sum_{\gamma'} C_{\gamma'\gamma_0}(k) \chi_{\gamma\gamma'}^{l\text{ ext}}(k, \rho) \\ &\rightarrow \frac{i}{2} \left[I_{\gamma, K+3/2}^{(\gamma_0)}(\eta_\gamma; k\rho_m) - \sum_{\gamma'} S_{\gamma'\gamma_0}^l(E) O_{\gamma, K+3/2}^{(\gamma')}(\eta_\gamma; k\rho_m) \right] \end{aligned}$$



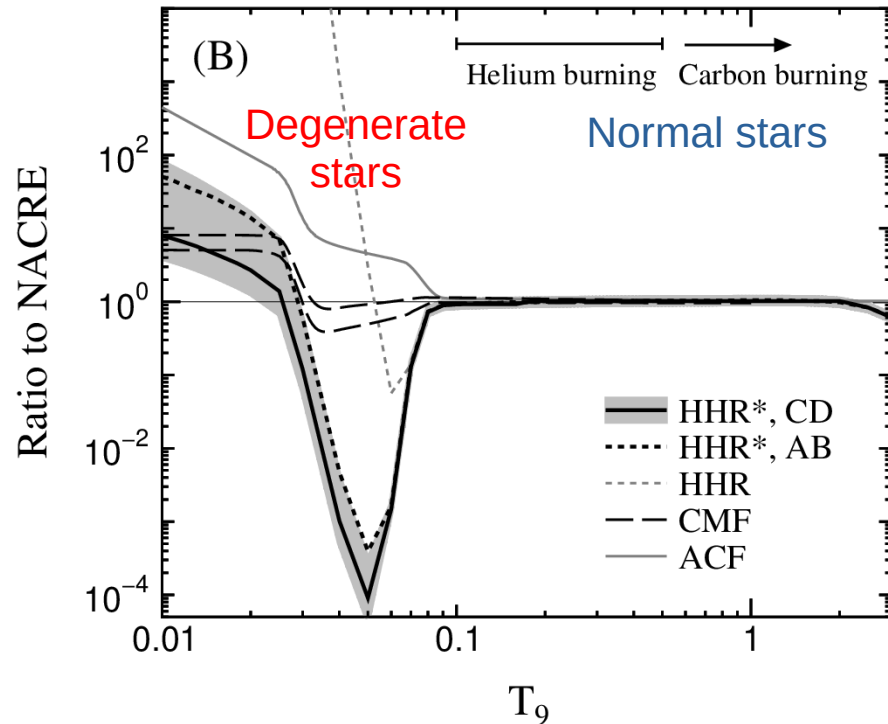
6. Calculate cross sections by using the continuum states and bound state.

7. Convert them into **the reaction rates**.

4. Triple α reaction rates – Comparison between the adiabatic models and HHR*

NACRE ratio

- At $T_9 = 0.05$, the reaction rates are found to be reduced by a factor of 10^{-4} .
 - The cross sections at $E = 0.18$ MeV are reduced from the adiabatic ones.
 - The accurate description of 3-body motion, including ^8Be break-up.
- This difference may be expected to affect nucleosynthesis and surface structure of **accreting degenerate stars** in some degree.
- On the other hand, all results are consistent with NACRE for $0.08 < T_9 < 3$, so that stellar evolution of **normal stars** remains intact.



4. Decomposition of the rates – Relations between NACRE and HHR*

NACRE, CF88, Reaclib (FY05)

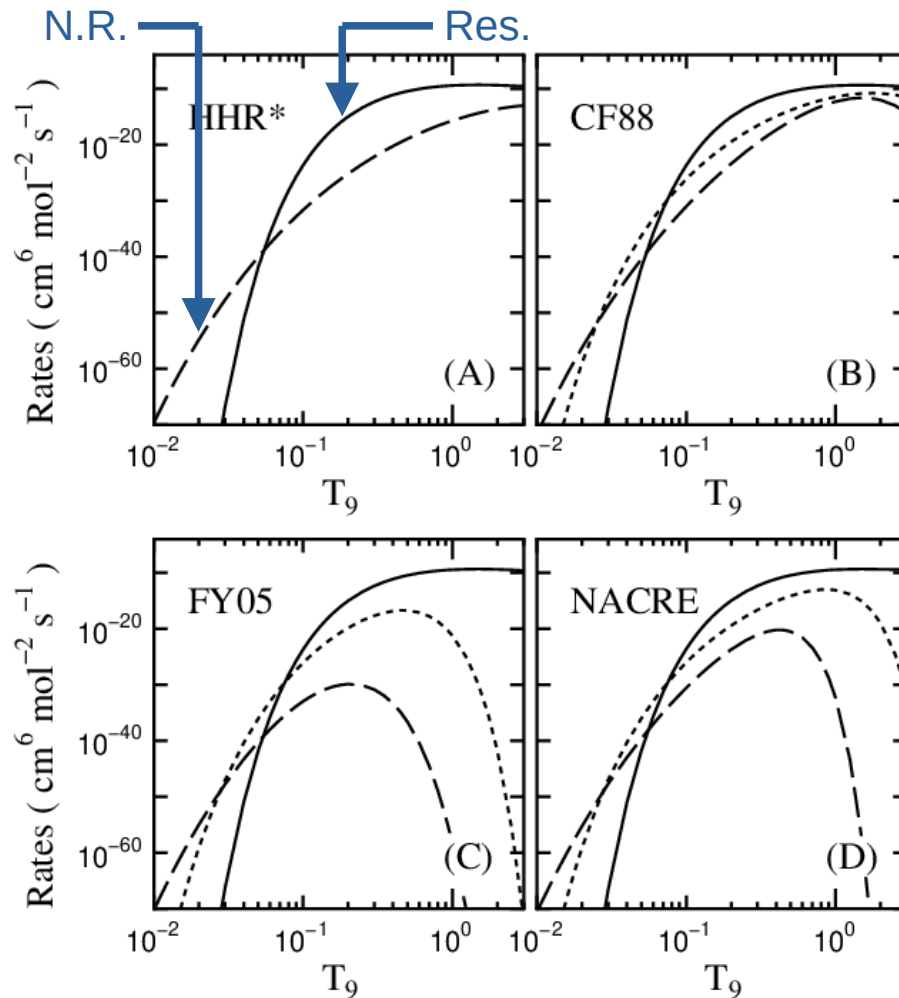
- Res. of $^8\text{Be} + \alpha$
- N.R. of $^8\text{Be} + \alpha$
- - - N.R. of $(2\alpha \text{ N.R.}) + \alpha$

HHR*

No N.R. of $^8\text{Be} + \alpha$ in HHR*.

This means that **a statistically generated ^8Be is destroyed by the third α -particle** at $T_9 \approx 0.05$ before its lifetime.

(FY05) H.O.U. Fynbo, et al., Nature 433, 136 (2005),
the experimental upgrade of NACRE and CF88 formula,
adopted in JINA Reaclib,
[https://reaclib.jinaweb.org/he4\(aa,g\)c12](https://reaclib.jinaweb.org/he4(aa,g)c12)

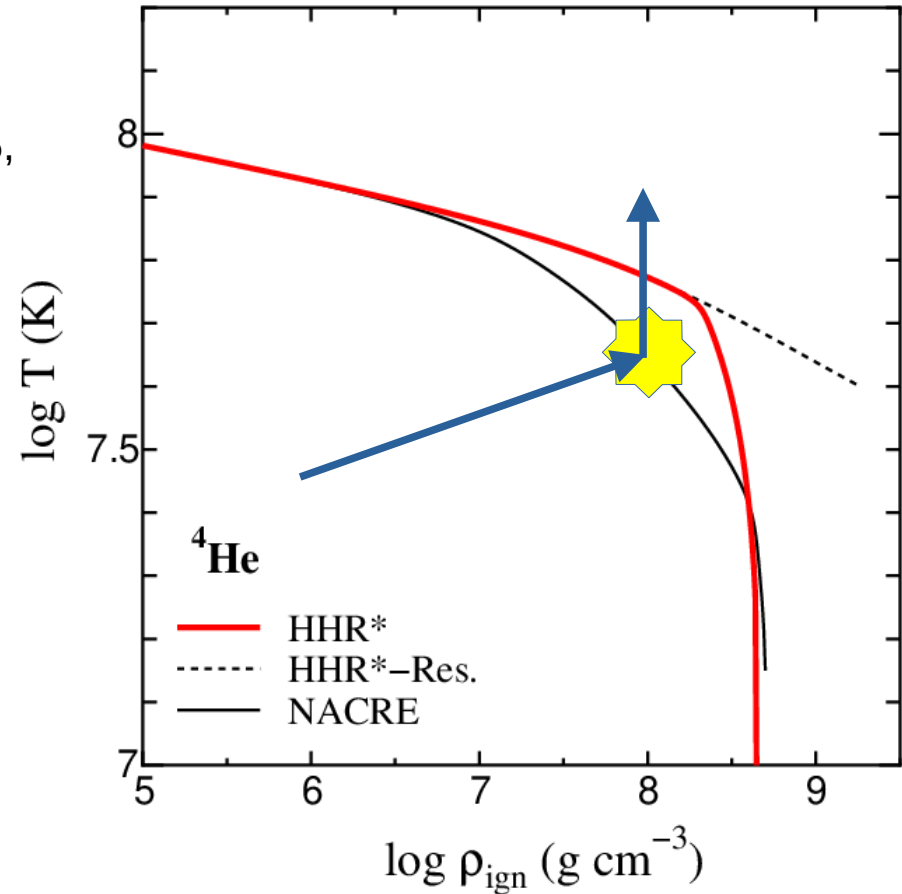


5. Ignition curve of helium burning in accreting white dwarfs

N.R. component plays an important role in helium burning at $(\log T) = 7.^{*})$

- Due to the reduction of rates at $T_9 = 0.05$, the ignition density becomes insensitive to temperatures in $0.01 < T_9 < 0.05$.

The accretion grows from low temperature and low density, surrounding white dwarfs.



* K. Nomoto, F.-K. Thielemann, S. Miyaji, Astron. Astrophys. 149, 239 (1985).
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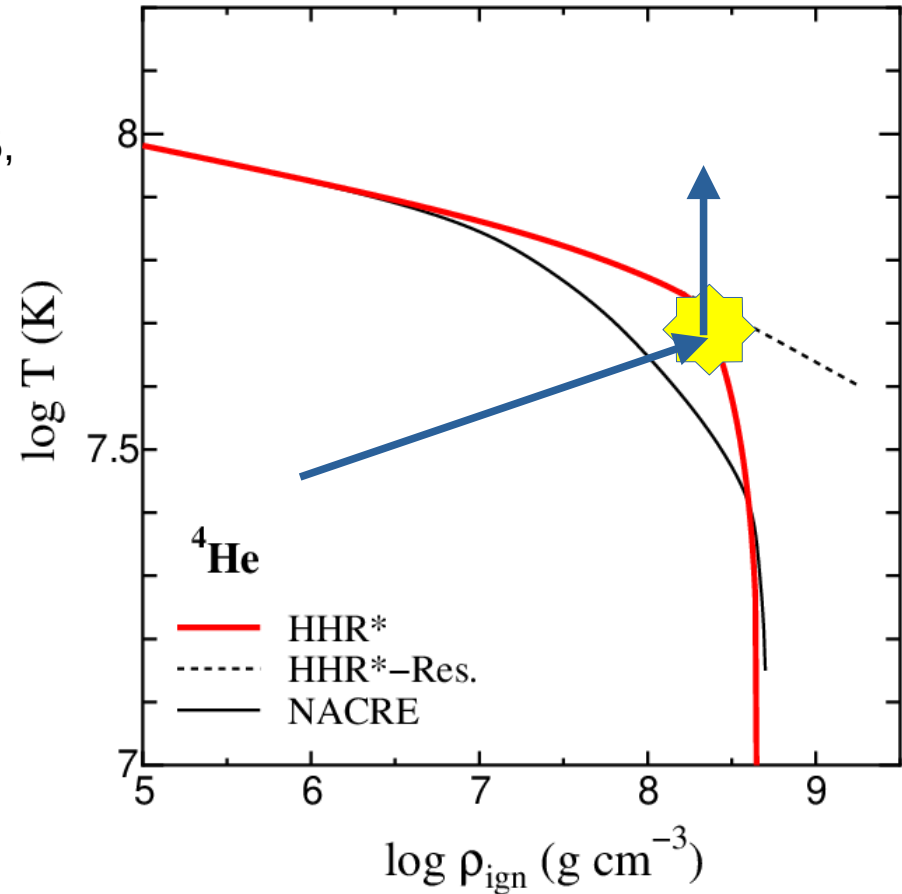
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When the new rates are used, the accretion grows denser (heavier).

After that, helium burning starts to ignite.

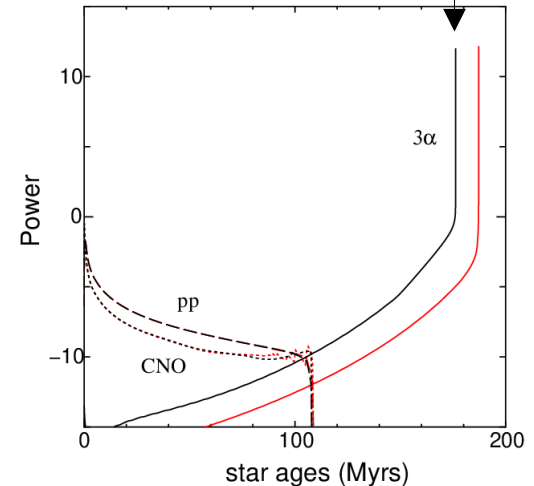
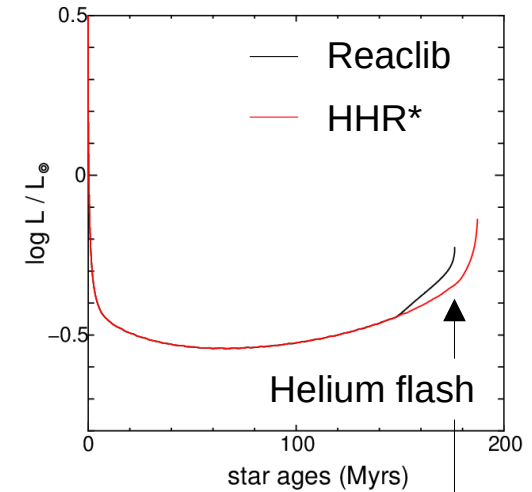
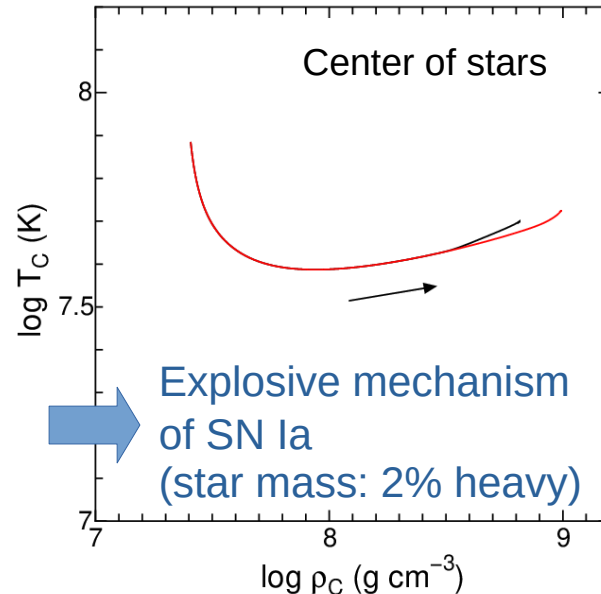
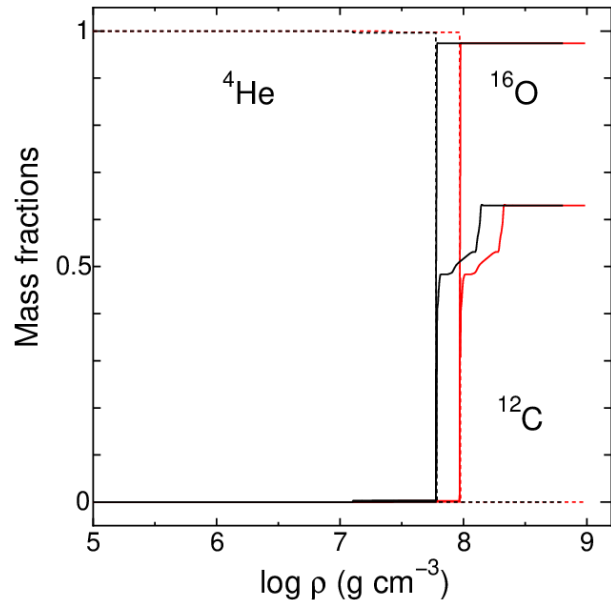


* K. Nomoto, F.-K. Thielemann, S. Miyaji, Astron. Astrophys. 149, 239 (1985).
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5. Test calculation of astrophysical applications

Helium nova (white dwarf helium shell ignition)

- CO white dwarfs of $0.96 M_{\odot}$, with ${}^4\text{He}$ accretion ($X_{\text{He}}=1$) of $dM/dt = 2 \times 10^{-9} M_{\odot}/\text{yr}$.
- **MESA** [B Paxton et al., ApJS 192, 3 (2011)], 1D stellar evolution code
 - Time before helium flash becomes **longer**.
 - Make **a denser CO core** because of the heavy accretion.



5. ρT phase diagram of Helium ion plasma

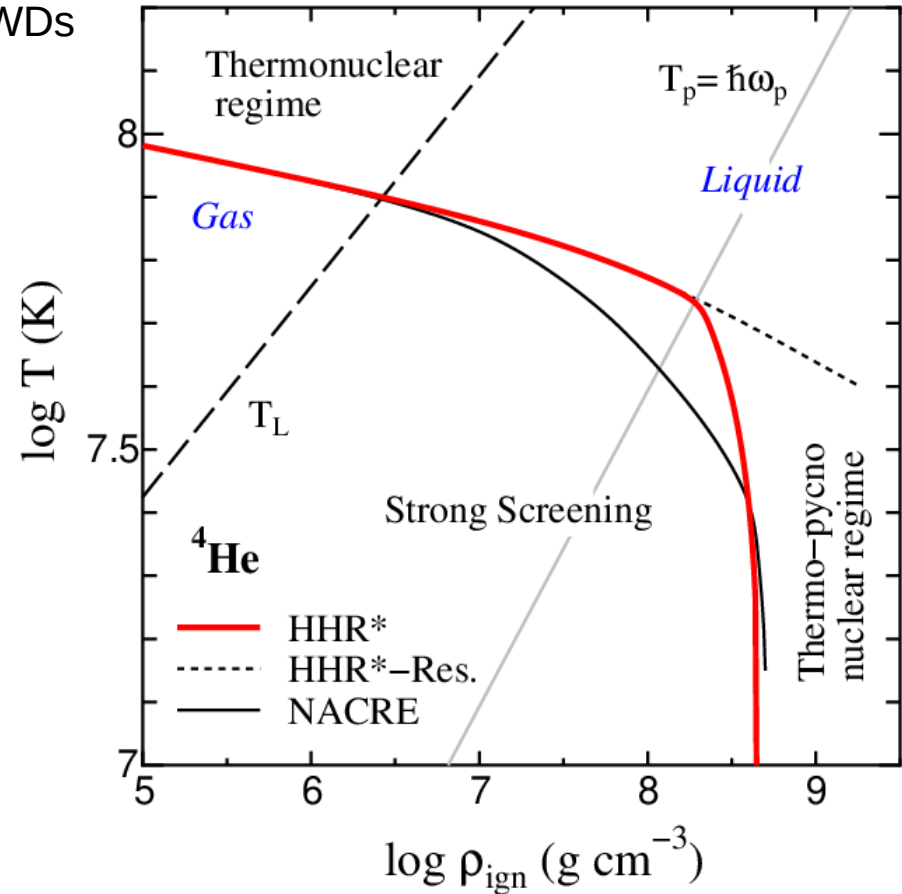
Ignition curve of helium burning in accreting WDs

- appears to bend at $(\log \rho) \approx 8.3 \text{ g cm}^{-3}$, $(\log T) \approx 7.7$.

Helium ion plasma[‡]: Gas, Coulomb liquid

- Below plasma temperatures T_p , ions seem to start to form a sort of lattice structure with regular tetrahedrons, *i.e.* fcc, hcp.
- The 3-body N.R. component appears only in the intermediate region between "thermo" and "pycno".

The direct triple α process is a reaction mechanism characterizing the thermo-pycno nuclear regime.



[‡] E E Salpeter, H M Van Horn, ApJ 155, 183 (1969); L R Gasques et al., PRC72, 025806 (2005); S. Schramm, S E Koonin, ApJ 365, 296 (1990); N. Itoh et al., ApJ 362, 620 (1990); *ibid.* 234, 1079 (1979)

Summary

- 1. Purpose of this project:** Precise estimate of the triple α reaction rates at low temperatures
- 2. Implementation:** Performed an exact calculation without any restriction on the internal motion of ^8Be
- 3. Theory:** Non-adiabatic Faddeev 3-body R-matrix expansion method
(Hyperspherical harmonics R-matrix (HHR) expansion method)
- 4. Results:** The reaction rates are found to be reduced by a factor of 10^{-4} at $T_9 = 0.05$. This means that the non-resonant $^8\text{Be} + \alpha$ component is removed from the standard rates.
- 5. Applications:**
 - a) Due to this reduction, the ignition density is found to become insensitive to temperatures in $0.01 < T_9 < 0.05$, which leads to the late helium flash in accreting WD of $0.96 M_\odot$ with pure ^4He accretion ($X_{\text{He}}=1$) of $dM/dt = 2 \times 10^{-9} M_\odot/\text{yr}$. The test calculation has been done with MESA.
 - b) The direct triple α process at low temperatures is also found to be a reaction mechanism characterizing the thermo-pycno nuclear regime below plasma temperatures.